

TEEN TIPS - THE WELLBEING HUB

We are hugely grateful to the Senior and Prep School Parent Associations for funding the Teentips Wellbeing Hub. This is an invaluable source of fact-checked information for the whole community.

As a Bromsgrove parent, you are entitled to free access to the Teen Tips Parent Hub. This is an interactive online portal, designed to help you guide your children as they navigate their School years. We believe it is an invaluable source of information and support for the whole Bromsgrove community.

FOR YOUR FREE ACCOUNT PLEASE EMAIL ZLEECH@BROMSGROVE-SCHOOL.CO.UK

More information can be found at: <u>Teen Tips - Onsite & Online Training for Parents & Schools</u>

As a member, you benefit from:

- Complete Parenting Teens Audio & Video Courses
- Weekly Updated Resources podcasts, blog posts, interviews, tips, and articles
- Weekly Live Q&A with a Child & Adolescent Psychotherapist
- 'Inspiring Futures' Careers Mini-Podcasts to play to your child
- Ask the Expert Q&A Service
- Q&A Library
- Parents Forum

All pupils at Bromsgrove School have access to the Teen Tips Wellbeing Hub. They have access to a wide range of age-appropriate wellbeing resources including:

- Answers a huge bank of Q&As on pretty much every topic
- Top Tips films, blogs, and tip sheets on all manner of themes
- Spark an area to find positivity, inspiration, good news and more
- Futures Careers Advice and Inspiring Futures Podcasts
- Help Zone with links to specialist organisations

Our staff also have access to the parent and pupil hubs, which further promotes the wellbeing and positive mental health of the pupils.